

community health facts 2013

Saanich

Demographics

The Saanich Peninsula (which encompasses the Saanich Local Health Area) is home to approximately 64,000 people.

- 3.7% identify as Aboriginal.
- 14% are aged 75 and over.
- The total population is expected to grow by 9% over the next 20 years.
- The over 75 population is expected to increase by 79%.

Health and Wellbeing

Compared to the Island Health region as a whole, Saanich residents have (based on the most recent data available):

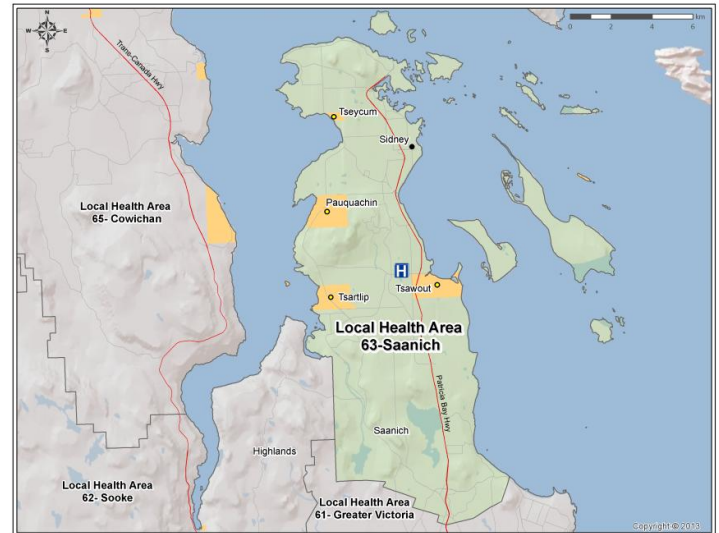
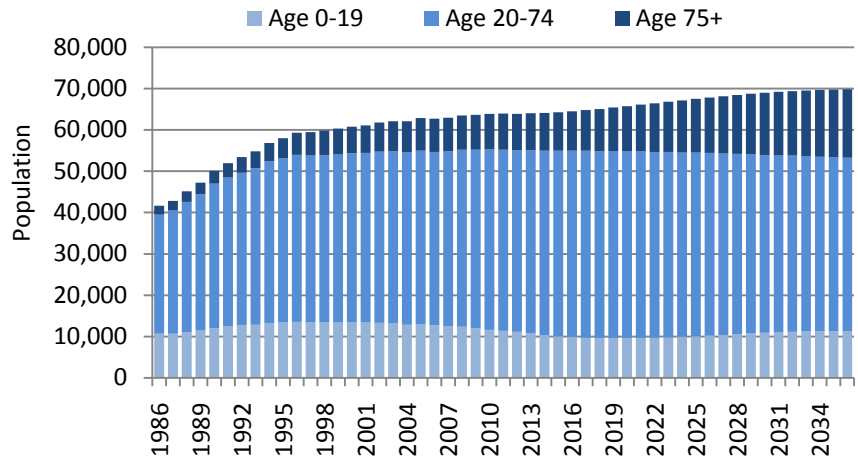
- A lower birth rate and a lower teen birth rate.
- Higher rates of preterm births and low birth weight babies.
- A higher life expectancy (84 years).
- A lower age-adjusted mortality rate, and a lower rate of death due to drug and alcohol-related causes, diabetes, and motor vehicle accidents.
- Similar to the Island Health region, leading chronic conditions include hypertension, depression/anxiety, osteoarthritis and asthma.

Social Determinants of Health

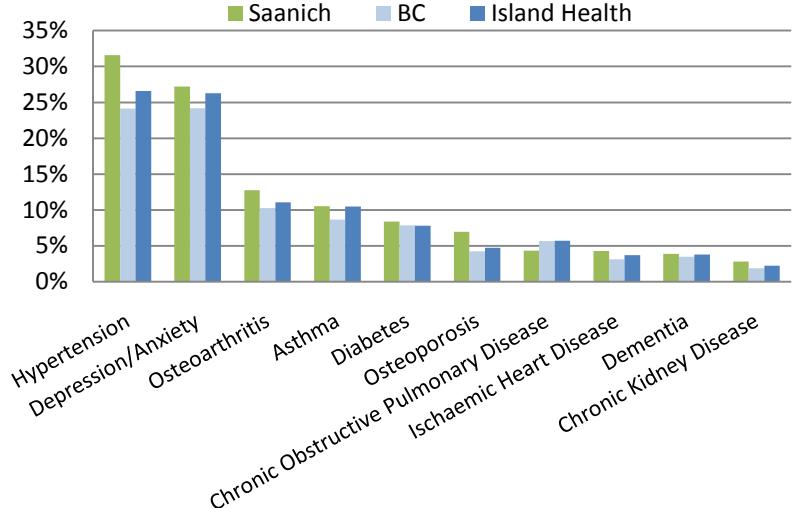
Housing, employment, education and social support can have a big impact on the health of our communities and our ability to make healthy lifestyle choices. Compared to Island Health overall (based on most recent data available):

- *Economic Wellbeing* – Saanich has a higher median family income, lower unemployment rate and lower proportion of people receiving income assistance.
- *Education* – Saanich has a higher percentage of adults aged 25-64 with post-secondary education, and a higher percentage of 18 Year-Olds who graduated from high school.

Saanich Population Change



Prevalence of Chronic Conditions



Social Determinants of Health *(continued)*

- *Child Health and Healthy Development*– Saanich has a higher rate of children hospitalized for respiratory illness or for injury/poisoning.
- *Crime* – Saanich has a lower crime rate, including a lower rate of serious crime, a lower rate of serious juvenile crime, a lower motor vehicle theft rate and a lower rate of non-cannabis drug offences.

Health Services

Saanich is served by Saanich Peninsula Hospital and the Peninsula Health Unit, as well as the nearby Royal Jubilee Hospital, Victoria General Hospital and Saanich Health Unit.

Saanich has 495 residential care beds and 55 assisted living beds spread across six sites, including Saanich Peninsula Hospital. There are an additional 2,195 residential care beds and 427 assisted living beds nearby in Greater Victoria and the Western Communities. Additional services available include public health, home and community care, and mental health and substance abuse.

Every year, Saanich residents have about 13,000 hospital admissions, and 22,000 unscheduled emergency department visits.

Of the 13,000 admissions in 2011/12:

- 36% were to the Royal Jubilee Hospital,
- 33% were to Victoria General Hospital,
- 27% were to Saanich Peninsula Hospital, and
- 4% were to other hospitals.

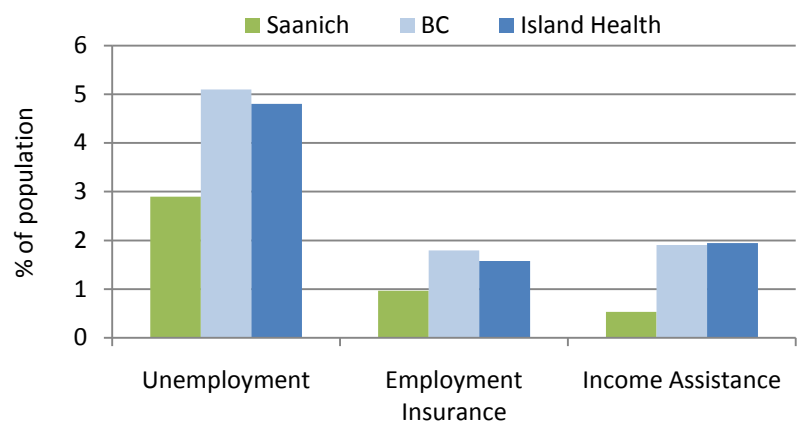
Of the 22,000 unscheduled emergency visits in 2012/13:

- 65% were to Saanich Peninsula Hospital,
- 21% were to Victoria General Hospital, and
- 46% of all visits were for those over the age of 60.

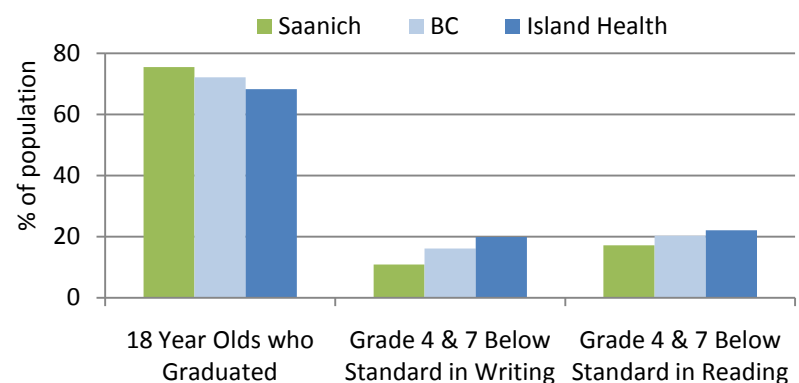
For more information on Island Health Services in your region, please visit:

<http://www.viha.ca/locations/>

Economic and Employment Statistics



Education Statistics



Saanich Resident Cases by Hospital

